

## Dunstall Hill Primary Home Learning

### Spring Term Week 2

#### Reception

**Please see the timetable below for the TEAMS online lessons this week:**

| Time            | Subject  | Access  |
|-----------------|--|---|
| 9:30 - 10:30am  | Reading/RWI  | An RWI link will be sent so you can access a phonics lesson.<br>- 20 - 30 minutes live lesson introduction    |
| 10:30 - 11:00am | Break  |   |
| 11:00 - 12:15pm | Maths  | - 20 - 30 minutes live lesson introduction<br>- 30 - 40 minutes for assignments to be completed independently |
| 12:15 - 1:15pm  | Lunch  |   |
| 1:15 - 2:15pm   | Story time session and one afternoon task related to the text. | - 10 - 15 Minute live story time session.<br><br>Independent task to complete during the afternoon session.   |



**To access TEAMS follow this link:**

<https://www.microsoft.com/en-gb/microsoft-365/microsoft-teams/log-in>

**You will need your username and password. Please contact the school office if you need it on 01902 556417 or email the teachers:**

[dh.receptionhomelearning@perryhallmat.co.uk](mailto:dh.receptionhomelearning@perryhallmat.co.uk)



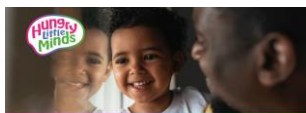
#### Afternoon



During the afternoon children will be set activities on Purple Mash or live learning. There are plenty of resources. All the children in school should have their login details with them at home if you do not you will need to email your class teachers using the school email address you have been sent. [Click here](#)

#### Additional afternoon subjects

For Reception age children please find the following links for extra support over the afternoon sessions.



This has lots of different practical activities to complete with Reception age children.

<https://hungrylittleminds.campaign.gov.uk/#3>



For extra support for writing skills and key skills, please find the link for Early Years Emily.

[https://www.youtube.com/results?sp=mAEB&search\\_query=Early+years+emily](https://www.youtube.com/results?sp=mAEB&search_query=Early+years+emily)

BBC Sign in

**Bitesize**

BBC Bitesize are launching their home learning service on Monday. This is another learning platform, we would recommend. Click [here](#) for more information.

Oak National Academy Online Classroom there are nearly 10,000 free video lessons, resources and activities, covering most subjects, from Reception to Year 6 [click here](#).



### Exercise/PE

In addition to your daily exercise the Government have recommended, we would recommend at least another 30 minutes if possible. See below for some useful resources:

- [Disney 10 Minute Shakeups](#)
- [Super Movers](#)
- [#ThisIsPE](#)
- [PE with Joe Wicks](#)



- [Indoor Activities for Kids](#)
- Try a 15 minute [Home workout](#) with your whole family.
- Try some [gentle stretches](#) to improve flexibility and strength.



- For extra physical tasks please find the link for Cosmic yoga disco.

<https://www.youtube.com/user/CosmicKidsYoga>



- Go Noodle – can you join in with the dancing and the singing and have lots of fun.

<https://www.youtube.com/user/GoNoodleGames>



### Wellbeing

These activities are here to support wellbeing and mindfulness. They can include a range of activities from art to music.



- Learn some [deep breathing techniques](#) for when you are feeling stressed or anxious.
- Spend some time travelling the world virtually! Choose a new country to visit every day for a week. Write 5 interesting facts about the countries you travel to.
- Try some [cooking therapy](#) – follow this recipe for a simple chicken and rice dinner. Amaze your family with your cooking skills!
- Try some fun bubble therapy and create a bubble blowing machine with an empty bottle, some washing up liquid and a (hopefully clean) sock!! [Watch here](#).

## Messages



**Dunstall Hill Primary  
Reception Class**

PIC•COLLAGE

Hello Reception, how are you all?  
Where has the sun gone?  
We cannot wait to see you all. We all miss your smiley faces and super singing. All the teachers are really proud of all the hard work that you have been doing at home. We look forward to seeing you soon in class. Keep safe and keep singing from the Reception team.

Here is a song to make you smile.

If you're happy and you know it,  
Clap your hands.

If you're happy and you know it,  
Clap your hands.

If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it,  
Clap your hands

We would love to post some of the children's work on our website. Please get in touch by using the year group e-mail. Make sure you include all the characters, such as dots. Here is the email address for you to send your super work to.

[dh.receptionhomelearning@perryhallmat.co.uk](mailto:dh.receptionhomelearning@perryhallmat.co.uk)



