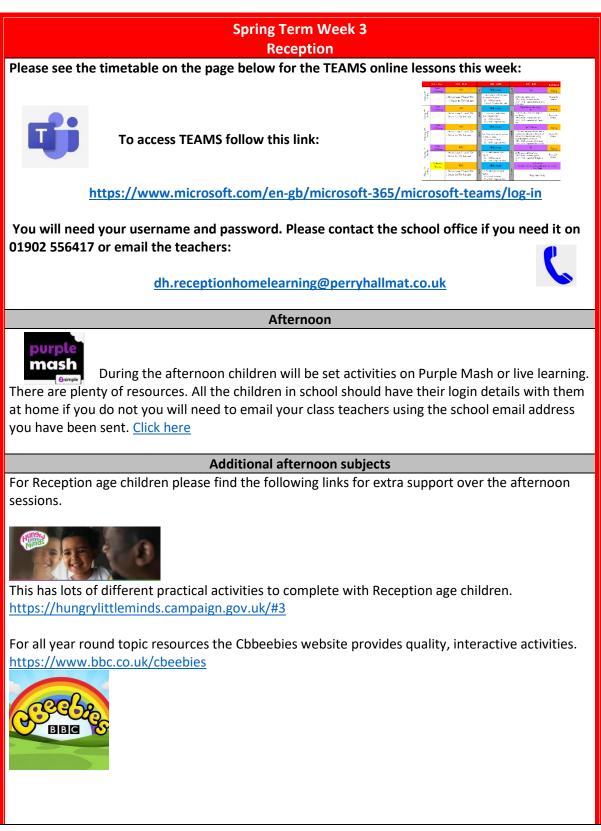




Dunstall Hill Primary Home Learning





For extra support for writing skills and key skills, please find the link for Early Years Emily. <u>https://www.youtube.com/results?sp=mAEB&search_query=Early+years+emily</u>

For counting and maths resources the Topmarks maths activities are a great resource. https://www.topmarks.co.uk

Topmarks Educational Search Engine

BBC O Sign in

Bitesize

BBC Bitesize are launching their home learning service on Monday. This is another learning platform, we would recommend. Click <u>here</u> for more information.

Oak National Academy Online Classroom there are nearly 10,000 free video lessons, resources and activities, covering most subjects, from Reception to Year 6 <u>click here</u>.

Exercise/PE



Wellbeing

 In addition to your daily exercise the Government have recommended, we would recommend at least another 30 minutes if possible. See below for some useful resources: Disney 10 Minute Shakeups Super Movers guident Super Movers guident Super Movers guident Super Movers guident Super Movers Indoor Activities for Kids Try a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. For extra physical tasks please find the link for Cosmic yoga disco. This week we will be using the Hungry Caterpillar yoga. Here is the link for this week's adventure. https://www.youtube.com/watch?v=xhWDiORrC 1Y 	LACICISE/FL		wendenig		
 minutes if possible. See below for some useful resources: <u>Disney 10 Minute Shakeups</u> <u>Super Movers</u> <u>#ThistsPE</u> <u>PE with Joe Wicks</u> <u>Indoor Activities for Kids</u> Try a 15 minute <u>Home workout</u> with your whole family. Try some gentle stretches to improve flexibility and strength. For extra physical tasks please find the link for Cosmic yoga disco. This week we will be using the Hungry Caterpillar yoga. Here is the link for this week's adventure. <u>https://www.youtube.com/watch?v=xhWDiQRrC</u> wellbeing and mindfulness. They can include a range of activities from art to music. Learn some deep breathing techniques for when you are feeling stressed or anxious. Spend some time making and designing your own board game. Who will win? Try some time making play dough at home. What will you make out of it? Try some fun Lego building. The challenge is attached with this letter, for the 30 day Lego challenge. Which one is your favourite? 					
 Disney 10 Minute Shakeups Super Movers #ThislsPE PE with Joe Wicks Indoor Activities for Kids Try a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. For extra physical tasks please find the link for Cosmic yoga disco. This week we will be using the Hungry Caterpillar yoga. Here is the link for this week's adventure. https://www.youtube.com/watch?v=xhWDiQRrC mindfulness. They can include a range of activities from art to music. Learn some deep breathing techniques for when you are feeling stressed or anxious. Spend some time making and designing your own board game. Who will win? Try some time making play dough at home. What will you make out of it? Try some fun Lego building. The challenge is attached with this letter, for the 30 day Lego challenge. Which one is your favourite? 					
 Disney 10 Minute Shakeups Super Movers #ThisIsPE PE with Joe Wicks Indoor Activities for Kids Irry a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. For extra physical tasks please find the link for Cosmic yoga disco. This week we will be using the Hungry Caterpillar yoga. Here is the link for this week's adventure. https://www.youtube.com/watch?v=xhWDiQRrC Indour Activities Shakeups Indoor Activities for Kids Indoor Activities for Kids Indoor Activities for Kids Indoor Activities for Kids Try a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. Spend some time making and designing your own board game. Who will win? Try some time making play dough at home. What will you make out of it? Try some fun Lego building. The challenge is attached with this letter, for the 30 day Lego challenge. Which one is your favourite? 	minutes if possible. See below for some useful resources:	wellbeing and			
 Super Movers #ThisIsPE PE with Joe Wicks Indoor Activities for Kids Try a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. Spend some time making and designing your own board game. Who will win? Try some gentle stretches to improve flexibility and strength. For extra physical tasks please find the link for Cosmic yoga disco. This week we will be using the Hungry Caterpillar yoga. Here is the link for this week's adventure. https://www.youtube.com/watch?v=xhWDiQRrC 		min	dfulness. They can		
 #ThisISPE PE with Joe Wicks Indoor Activities for Kids Try a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. For extra physical tasks please find the link for Cosmic yoga disco. This week we will be using the Hungry Caterpillar yoga. Here is the link for this week's adventure. https://www.youtube.com/watch?v=xhWDiQRrC from art to music. Learn some deep breathing techniques for when you are feeling stressed or anxious. Spend some time making and designing your own board game. Who will win? Try some time making play dough at home. What will you make out of it? Try some fun Lego building. The challenge is attached with this letter, for the 30 day Lego challenge. Which one is your favourite? 	<u>Disney 10 Minute Shakeups</u>				
 PE with Joe Wicks PE with Joe Wicks Indoor Activities for Kids Try a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. Spend some time making and designing your own board game. Who will win? Try some gentle stretches to improve flexibility and strength. For extra physical tasks please find the link for Cosmic yoga disco. This week we will be using the Hungry Caterpillar yoga. Here is the link for this week's adventure. https://www.youtube.com/watch?v=xhWDiQRrC Learn some deep breathing techniques for when you are feeling stressed or anxious. Spend some time making and designing your own board game. Who will win? Try some time making play dough at home. What will you make out of it? Try some fun Lego building. The challenge is attached with this letter, for the 30 day Lego challenge. Which one is your favourite? 	<u>Super Movers</u>		-		
 Indoor Activities for Kids Try a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. Spend some time making and designing your own board game. Who will win? Try some time making play dough at home. What will you make out of it? Try some fun Lego building. The challenge is attached with this letter, for the 30 day Lego challenge. Which one is your favourite? 	• <u>#ThisIsPE</u>	fror	n art to music.		
	 PE with Joe Wicks Indoor Activities for Kids Indoor Activities for Kids Try a 15 minute Home workout with your whole family. Try some gentle stretches to improve flexibility and strength. For extra physical tasks please find the link for Cosmic yoga disco. This week we will be using the Hungry Caterpillar yoga. Here is the link for this week's adventure. https://www.youtube.com/watch?v=xhWDiQRrC 	 from art to music. Learn some deep breathing techniques for when you are feeling stressed or anxious. Spend some time making and designing your own board game. Who will win? Try some time making play dough at home. What will you make out of it? Try some fun Lego building. The challenge is attached with this letter, for the 30 day Lego challenge. Which one is your 			
	<u>**</u>				



 Go Noodle – can you join in with the dancing and the singing and have lots of fun. https://www.youtube.com/user/GoNoodleGame



 The Premier League stars have a great challenge for families and children on their website called try your best. Each day children and grownups have different challenges to complete. We would really like to see your great pictures. <u>https://plprimarystars.com/resources/try-yourbest-challenge</u>



 I moves have lots of great songs and dancing. The super news is it free at the current time to use with lots of different songs and fun ways to exercise.

https://imoves.com/the-imovement

30	Day	7 LE	:GO	Che	aller	nge
day. The or	instruction ily rule is to ur imagina	have fun	Day 1 You were bired by an an unentifi- paris to prosto a new relier coaster.	Day 8 SASA neede you to build a new rooinst.	Day 3 Your parents wars to build a new home and they wars you to build	Day 4 Solywood innes you to build a movio cot for a new star Ware movie.
Duy 8 You enser a connert to build the world's tallast towar. Will you win?	Day 6 You are stusk on Mare and need to build a new ship to get homa.	crosse the toughest piels up	Day 8 You and 3 friends are strended on an bland. Dolld a beat to find a way home.	poode a new pinete	n Day 10 You and your friends deelds to build a tree house.	Day 11 Prince Chartning hirse you to build a costlo for him & Cinderolia.
Day 12 Dr. Who hires you to build a new TARDIA		Day 16 Mr. Hilson biree you to build a new hotel.	Day 15 There is a clover in town Datid a place for the performance.	Day 18 Selp your fellow ploncere build a wagon to make it aeroso the ocurtry.	Day 17 Julic the factors our around and join the big our rate.	Day 18 Do you wanza build a coownan? Got in the winter mood and build a grow genes.
other.	up to you to make a plaza for all she guerse.	Day 81 You are hired to tuild a brand new hospital	and the dog knope creaping. Duild one he can't get out of.	Day 98 You are now in motional times. You are commis- sioned to build a journing arons.	Day 94 The local bank hope gosting robbed. Duild a safe to one san creak	Day 88 Design and build your dream bedroom
Dey 28 You are elected ruler. Dubl a dag for your land	Dep 87 Altern are loweding and you read to build a wer robot to defeat them.		Day RP You are hited to build a house entirely out of yellow Leges.	Day 30 There is bifmer if. Yes will need to build a enswimphile	-	What was your favorite day?

Messages



Dunstall Hill Primary Reception Class Hello Reception, how are you all? This week we have been learning all about the Hungry Caterpillar and we have had lots of fun thinking about the different foods that we like. The Reception team have enjoyed looking at all your work that you have completed and posted on line it has made us smile and feel really proud of all your achievements over the week. Next week we are starting to read the story of Jack and the Beanstalk. We hope to see more children on line during the on line sessions. Have a great weekend from the Reception team.

PIC.COLLAGE

Here is this week's song for having lots of fun.

Head and shoulders knees and toes Knees and toes Head and shoulders knees and toes Knees and toes And eyes and ears And mouth and nose Head and shoulders knees and toes Knees and toes. We would love to post some of the children's work on our website. Please get in touch by using the year group e-mail. Make sure you include all the characters, such as dots. Here is the email address for you to send your super work to.

dh.receptionhomelearning@perryhallmat.co.uk









Year Reception Home Learning Timetable Week 3

	9:30 – 9:40	9:40 - 10:40		II:00 — I2:00		13:15 — 14:15	14:30-14:45
Monday 18 th January	Check- in/Wellbeing	RWI	BRE	Mathematics	LU LU	Topic	Reading
		- On line lesson (Teams) RWI - Watch the RWI link sent		LO To be able to use the language of heaviest and lightest. 11.00 – 11.30 Live session 11.30 – 12.00 independent tasks		LO how does my bean grow. 13.15 – 13.45 live session for topic 13.45 – 14.15 Independent tasks at home from session.	Reading for pleasure.
Tuesday Iqtn January	Check- in/Wellbeing	RWI	BREAK	Mathematics	FUNCH	Expressive arts and design art	Reading
		- On line lesson (Teams) RWI - Watch the RWI link sent		LO: To be able to order objects from heavy and light. 11.00 – 11.30 Live session 11.30 – 12.00 independent tasks		LO To be able to make and design my own flowers. 13.15 – 13.45 Live session for topic. 13.45 – 14.15 Independent art / music task.	Reading for pleasure.
Wednesday 20 th January	Check- in/Wellbeing	RWI	BREAK	Mathematics	LUNCH	Topic / Literacy	Reading
		- On line lesson (Teams) RWI - Watch the RWI link sent		LO: To be able to use the language of full and empty. 11.00 – 11.30 Live session 11.30 – 12.00 independent tasks		LO To write sentences and read back to an adult. We will be using the story of Jack and the Beanstalk and writing about the different characters. 13.15 – 13.45 Live session for Literacy. 13.45 – 14.15 Independent task at home.	Reading for pleasure.
Thursday 21 st January	Check- in/Wellbeing	RWI		Mathematics	LUNCH	PE	Reading
		- On line lesson (Teams) RWI - Watch the RWI link sent	BREAK	LO: To add different objects together. 11.00 – 11.30 Live session 11.30 – 12.00 independent tasks		LO To move in different ways. 13.15 – 13.45 Live session for PE. 13.45 – 14.15 Independent PE tasks for PE.	Reading for pleasure.
Friday 22 nd January	Celebration Assembly	RWI		Mathematics	т	13.15 – 13.145 Expressive arts and design Cosmic yoga disco / Early Years Emily	
		- On line lesson (Teams) RWI - Watch the RWI link sent.	BREAK	LO: To add different objects together. 11.00 – 11.30 Live session 11.30 – 12.00 independent tasks	FUNCH		