

Dunstall Hill Primary Home Learning

Spring Term Week 2 Year 4

Please see the timetable below for the TEAMS online lessons this week:

Time	Subject	Access
9:15 – 9:30	Reading for pleasure	- Listening to our class text being read aloud.
9:30 – 10:30	Mon-Wed Reading	- 30 – 40 minutes live lesson introduction - 20 – 30 minutes for assignments to be completed independently
	Thurs/Fri Topic or Science	
10.30 – 11.00	Break	
11.00 – 12.00	Mon-Thurs Writing	- 30 – 40 minutes live lesson introduction - 20 – 30 minutes for assignments to be completed independently
	Fri PE / Art	- Children need to be wearing active clothing for PE.
12.00 – 1.00	Lunch	
1.00 – 2.30	Mon-Thurs Mathematics	- 30 – 40 minutes live lesson introduction - 20 – 30 minutes for assignments to be completed independently



To access TEAMS follow this link:

<https://www.microsoft.com/en-gb/microsoft-365/microsoft-teams/log-in>

You will need your username and password. Please contact the school office if you need it on 01902 556417 or email the teachers:

dh.y4homelearning@perryhallmat.co.uk



Additional afternoon subjects

Remember to keep up-to-date with your times tables by logging onto [TTrockstars](#)






BBC Bitesize have launched their home learning service. This is another learning platform we would recommend. Click [here](#) for more information.

Oak National Academy Online Classroom also have nearly 10,000 free video lessons, resources and activities, covering most subjects, from Reception to Year 6 [click here](#).



There are plenty of resources available on [Purple Mash](#) for your child to access. All the children in school should have their login details with them at home. If you do not have these to hand, you will need to email your class teachers using the school email address above.

Exercise / PE / Keeping Active	Wellbeing
<p>In addition to your daily exercise the Government have recommended, we would recommend at least another 30 minutes. See below for some useful resources:</p> <ul style="list-style-type: none"> • Disney 10 Minute Shakeups • Super Movers • #ThisIsPE • PE with Joe Wicks • Indoor Activities for Kids • Try a 15 minute Home workout with your whole family. • Try some gentle stretches to improve flexibility and strength.  	<p>These activities are here to support wellbeing and mindfulness. They can include a range of activities from art to music.</p>  <ul style="list-style-type: none"> • Learn some deep breathing techniques for when you are feeling stressed or anxious. • Spend some time travelling the world virtually! Choose a new country to visit every day for a week. Write 5 interesting facts about the countries you travel to. • Try some cooking therapy – follow this recipe for a simple chicken and rice dinner. Amaze your family with your cooking skills! • Try some fun bubble therapy and create a bubble blowing machine with an empty bottle, some washing up liquid and a (hopefully clean) sock!! Watch here.

Messages

Hello Year 4,

Happy New Year!

We hope you are safe, well and enjoying the extra time with your families.

We are so proud of how well you have coped with this change and how well you have settled onto TEAMS this week. All of work you have been completing has really impressed us and we are enjoying seeing the photos of the experiments you have set up. We look forward to seeing more of your fantastic work. We are missing you all and we are excited for the day we can all return to school.



Miss Ayton and Mrs Showker



If you have any questions or need any support, please email us:

dh.y4homelearning@perryhallmat.co.uk

