



PE Long Term Subject Overview (2023-2024)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N			Introduction to PE Unit 1	Fundamental skills Unit 1	Gymnastics Unit 1	Ball skills Unit 1
R	Introduction to PE Unit 2	Fundamental skills Unit 2	Dance Unit 1	Gymnastics Unit 2	Ball skills Unit 2	Games: Unit 2
Y1	Fundamentals	Ball skills	Dance	Sending and receiving	Invasion games	Athletics
	Gymnastics				Fundamental skills- Net and wall	
Y2	Fundamentals	Gymnastics	Team building	Dance	Fundamental skills- Net and wall	Target games
				Striking and fielding		Athletics
Y3	Fundamentals	Net and wall-Tennis	Net and wall- Dodgeball	Gymnastics	Target games- Golf	Invasion games- Football
	OAA	Dance			Fitness	Athletics
Y4	Striking and fielding- Cricket	Gymnastics	Striking and fielding- Rounders	OAA	Swimming	Swimming
			Invasion games- Netball	Invasion games- Tag rugby	Dance	
Y5	Gymnastics	Dance	Swimming	Net and wall- Badminton	Striking and fielding- Rounders	Invasion games- Football
	Invasion games- Basketball			Swimming		OAA
Y6	Swimming	Swimming	Gymnastics	Net and wall- Volleyball	OAA	Invasion games- Handball
	Striking and fielding- Cricket	Dance				Athletics