

Mrs Steele



PHYSICAL EDUCATION LEAD

My passion for physical education stems from a background of participating in dance shows at theatres across Staffordshire and competing in netball competitions. In recent years this has transpired into supporting my young son in his own physical endeavors including swimming, martial arts, and archery. In addition to my dedication to understanding and supporting positive mental health, which has seen me become a mental health ambassador outside of Dunstall Hill and volunteering on helplines for a mental health charity.

My commitment to the subject begins at the roots of learning and development, in EYFS, where introducing and developing the fundamental gross and fine motor skills of today's children are implanted within daily learning, activities and provision. It is thrilling to track the progression of students from these early starting points to the end of their primary school education. My aim is to nurture confident, resilient children who strive to achieve their personal bests and celebrating all successes.

After becoming aware of the childhood obesity crisis, where the West Midlands has the highest percentage, I am determined to provide a curriculum which matches the ability of all pupils and support them in living a healthy active lifestyle. My aim is to enthuse pupils and raise awareness of healthy lifestyles by opening their eyes to a range of sporting opportunities through visits from inspiring people and arranging sporting focus days. In addition to, welcoming parents, families and the wider community to participate in recognising the children's achievements and introducing healthy lifestyle opportunities for all.

My wish for physical education is to instill a positive level of physical confidence in all pupils and embed the school sporting values:

- Challenge
- Determination
- Respect
- Positivity
- Success, and
- Goal setting

To create a new generation of life-long healthy living and physically active members of the community.