



## PE Long Term Subject Overview (2024-2025)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N			Introduction to PE Unit 1	Fundamental skills Unit 1	Gymnastics Unit 1	Ball skills Unit 1
R	Introduction to PE Unit 2	Fundamental skills Unit 2	Gymnastics Unit 2	Dance Unit 1	Games Unit 2	Ball skills Unit 2
					RSS Balancability	RBG Balancability
Y1	Fundamental skills	Ball skills	Gymnastics	Dance	Sending and receiving	Net and wall games
		Athletics	1AK Balancability	1RC Balancability	Invasion games	
Y2	Fundamental skills	Yoga	Dance	Ball skills	Target games	Invasion games
	2RV Balancability	2AR Balancability	Athletics			Striking and fielding games
Y3	Y3/4 Fundamental skills	Dance	Y3/4 Ball skills	Gymnastics	Target games - Golf	Invasion games - Football
		Athletics		Target games - Dodgeball		Net and wall - Tennis
Y4	Dance	OAA	Gymnastics	Target games - Golf	Striking and fielding - Cricket	Swimming
	Athletics		Invasion games - Netball			
Y5	Fitness	Dance	Swimming	Swimming	Invasion games - Basketball	Net and wall - Badminton
		OAA	Yoga			Striking and fielding - Rounders
Y6	Athletics	Swimming	Gymnastics	Striking and fielding - Cricket	Invasion games - Hockey	Net and wall - Volleyball
	Swimming		Invasion games - Handball			OAA